



Seth R. C. S. Arts & Commerce College, Durg (C.G.)

Best Practice – 1

Title of the Practice: Leave No One Behind

Objectives of the Practice

- Enhancement and all-round development of intellectual disabled persons for sustainable development of society.
- Bringing the intellectual disabled persons into the main stream of society through unified sports.
- Sports empower them so that they may recognize their own potential and advocate for change in society.

The Context: College is sensitive to the position of intellectual disabled persons in society. Change in perspective about intellectual disabled people can be noticed due to the unified sports. It plays a crucial role in bringing them into the mainstream of society. Contrary to earlier situation where people used to laugh at their disabilities.

The Practice: Our College is the only college in the state where enhancement and all round development programmes are organized for intellectual disabled persons with the help of Special Olympics Bharat. The college with Special Olympic Bharat is working together on “The solution is inclusion.” Important outreach programmes are organized to propagate understanding about intellectual disabled persons and inspire them through sports to do their daily work. Perform their day to day work by understanding their family. Along with this college is inspiring them by providing sports equipments and training to the weaker sections. College is working towards bringing intellectual disabled close to sports by organizing orientation programmes that are for guardians through which this section is brought to main stream in society. Coaches training programmes are organized by the Physical Education Department of the College. Dr. Pramod Kumar Tiwari works as a national and state trainer for disable sports person. The College conducts national level advance coaches training programme and also conducts health checkup programme for intellectual disabled persons. Under MoU with the Special Olympics Bharat Chhattisgarh College trying to break all the barriers and start a revolution against discrimination with intellectual disabled.

Evidence of Success

Following activities organized by the college under this best practice:-

- ▶ Special Smile Screening (Dental Checkup)
- ▶ Fit Feet (Physical test of intellectual disabled)
- ▶ Family Forum
- ▶ Advance Coaches Training Camp (ACTC)
- ▶ Coaches Training Programmes.
- ▶ Sports for Specially abled Athletes.
- ▶ Youth Leader Orientation Programmes
- ▶ Young Athlete Programmes
- ▶ Unified Sports
- ▶ Sports Training Programmes.

Problems Encountered and Resources Required: To convince parents and society to bring their intellectual disabled children on this platform is a big challenge.

Special Smile Screening (Dental Checkup of Special abled)



Fit Feet Checkup



Family Forum



Advance Coaches Training Camp



Specially abled Sports



Youth Leader Orientation Programmes



Best Practice – 02

Title of the Practice – Nirdhan Chhatra Sahayata Kosh

Goal –

- To help poor and needy students.
- This fund is provided to students for paying college fee, books and other items for educational needs.

The Context –

Students have to produce income certificate certified by Tehsildar to get this fund. With the help of notice, college students come to know about this fund and applications are invited for the same.

The Practice –

Nirdhan Chhatra Sahayata Kosh committee verifies the application before giving the fund to the needy and poor students. Committee conduct meeting and provide fund to the selected students.

Uniqueness –

97 poor students applied for this scheme and all are benefited. Total amount distributed Rs. 254000/- during the year 2022-23. Over the last five years 538 Students were benefitted and Rs. 1222000/- given to them.

Evidence of Success

S.No.	Year	Number of application received	Selected application	Disbursed Amount
1	2018-19	132	127	196700.00
2	2019-20	128	128	229200.00
3	2020-21	91	91	259600.00
4	2021-22	95	95	282500.00
5	2022-23	97	97	254000.00
	Total		538	1222000.00